



Blog Sample

How Colorado Crisis Services Can Support You Or A Loved One In Need

For many, the hardest part about getting help for a mental health, substance use or emotional issue is knowing how or where to begin, especially when an issue reaches a crisis. Whether you're in need of crisis assistance, or are reaching out on behalf of a loved one, Colorado Crisis Services is designed to be a single point of entry for any individual experiencing a crisis of any kind by providing confidential and immediate help 24 hours a day, seven days a week and 365 days a year.

Colorado Crisis Services is a statewide network that aims to provide Coloradans with greater access to behavioral healthcare services, including:

- The Colorado Crisis Services Line, 1-844-493-TALK (8255): This 24/7 toll-free hotline is available 365 days a year for anyone affected by a mental health, substance use or emotional crisis. All calls are connected to a mental health professional that will provide immediate support and connections to further resources.
- Colorado Walk-In Locations: Walk-in crisis service locations are open 24/7 and offer confidential, in-person crisis support, information and referrals to anyone who needs it. Walk-in locations can be found on the Colorado Crisis Services website at www.ColoradoCrisisServices.org.
- Crisis Text Service: Anyone can text the word TALK to 38255 anytime, from anywhere in Colorado about any type of crisis. This feature is available 24/7.

To learn more, visit www.ColoradoCrisisServices.org.