

- Colorado Crisis Services is Colorado's first statewide resource for mental health, substance use and emotional crisis help.
- Colorado Crisis Services was formed in partnership with the Colorado Department of Human Services in response to the Aurora Theater shooting and as a part of an initiative to strengthen Colorado's behavioral healthcare system.
- This initiative aims to meet the immediate behavioral health needs of Coloradans where they're at, 24/7/365, regardless of ability to pay.
- Colorado Crisis Services provides professional, confidential and immediate help for any mental health, substance use or emotional concern.
- Colorado Crisis Services began with the August 2014 launch of a statewide, toll-free Colorado Crisis Services Line: 1-844-493-TALK (8255).
- Colorado Crisis Services include:
  - <u>The Colorado Crisis Services Line, 1-844-493-TALK (8255)</u>: This 24/7 toll-free hotline is available 365 days a year for anyone affected by a mental health, substance use or emotional crisis. All calls are free and connected to a mental health professional that will provide confidential and immediate support as well as connections to further resources.
  - <u>Colorado Crisis Walk-In Locations</u>: Most walk-in crisis service locations are open 24/7 and offer confidential, in-person crisis support, information and referrals to anyone who needs it. Walk-in locations can be found on the Colorado Crisis Services website at ColoradoCrisisServices.org.
  - <u>Crisis Chat Service</u>: At ColoradoCrisisServices.org, individuals can chat with trained professionals for online emotional support, crisis intervention and suicide assessments. This feature is available from 4 p.m. to midnight (MST), seven days a week.
  - <u>Crisis Text Service</u>: Anyone can text the word TALK to 38255 anytime, from anywhere in Colorado, about any type of crisis. This feature connects to a mental health clinician and is available 24/7.
  - <u>Mobile Units</u>: Mobile clinicians are deployed to meet individuals in crisis, conduct an assessment, and make a determination of treatment needs. Mobile units may be dispatched if deemed necessary by a crisis line professional.
  - <u>Respite Care Services</u>: Respite services may be provided in-home, in the community, or in residential facilities to offer additional crisis stabilization and support in a safe and neutral environment. These may be available by referral from a crisis services counselor.
- Since our inception in August of 2014, Coloradans have reached out to Colorado Crisis Services more than one million times, and we average more than 15,000 interactions each month.
- There is no wrong reason to reach out to Colorado Crisis Services. No issue is insignificant.
- Colorado Crisis Services is also a resource for those who are concerned about others in their lives and are not sure what options exist for helping their loved one.